

January 10, 2012

“Recent Advances on DynaPulse Technology in Cardiovascular Diseases” book, by Professor Delgado-Almeida, MD FACC, FAHA, et.al., published...

We congratulate Professor Delgado for his publication of this book that summarized his over 15 years clinical experiences, observations and studies on hypertension and cardiovascular diseases with DynaPulse blood pressure and supra-systolic pulse waveform (PW), and hemodynamic profile. His “Aortic (Supra-systolic) pressure waveform classification” is unique and an innovation, and his conclusion “Our goal in cardiovascular medicine is ‘Normal Blood Pressure (BP) and Hemodynamics’” is a major contribution to the advanced management of hypertension and cardiovascular diseases. Two examples illustrated:

**Example-1:** Normotensive white male (53 y old) having normal BP and cardiovascular Hemodynamics, with Supra-Systolic PW morphology in resting studies (DynaPulse 200M) – Observation result: “Normotensive for the following 5-years”.

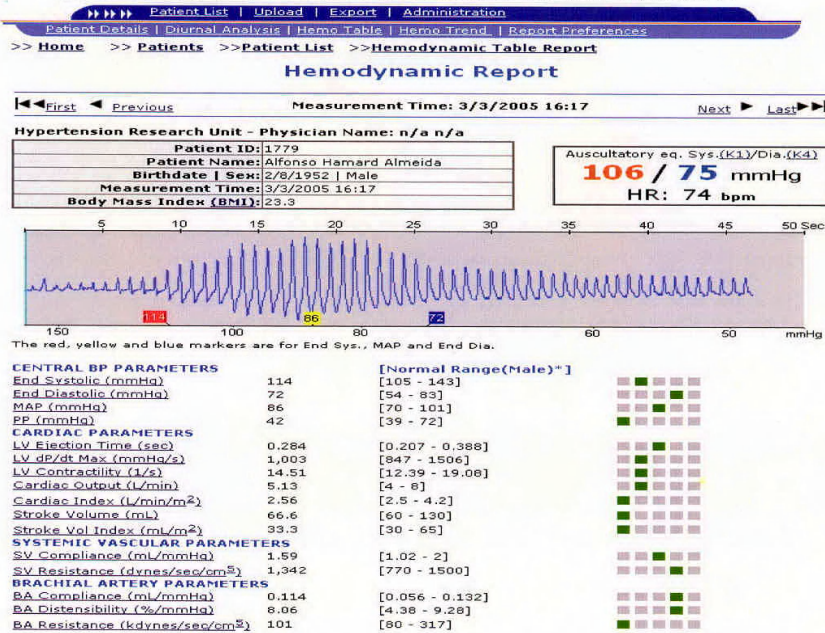


Hypertension Research Unit and Ion Transport Laboratory

PWA AND NON-INVASIVE HEMODYNAMIC IN ESSENTIAL HYPERTENSION

(1) Normal BP and Hemodynamics: Our goal in Cardiovascular Medicine

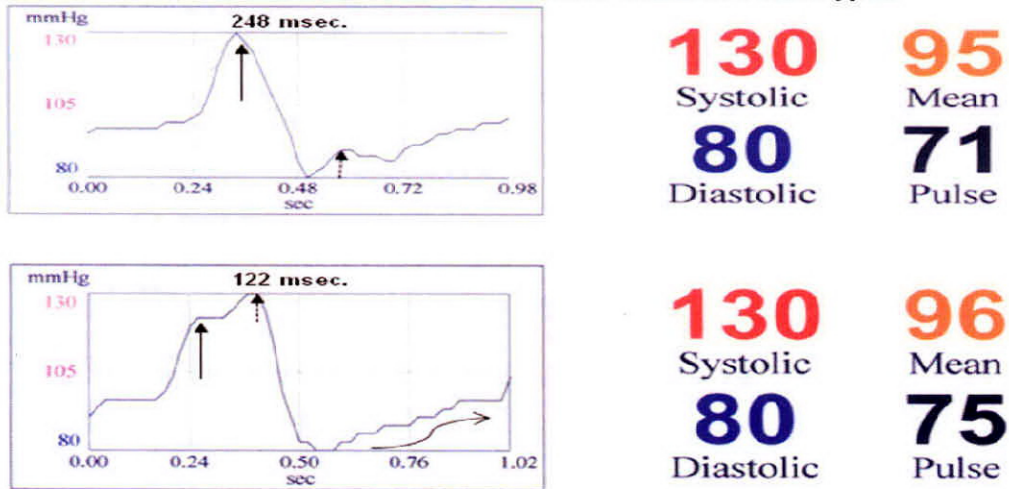
Figure 1. Normal Blood Pressures and Normal Hemodynamics



Normotensive white male (53 y old) having normal BP and Cardiovascular Hemodynamic, with normal Supra-Systolic PW morphology in resting studies(DP200M).  
Normotensive for the following 5-years

**Example-2:** Two young healthy females 26 years old, both had normal BP (130/80), but different Supra-Systolic waveform at rest, one normal (Type-I) and another abnormal (Type-IV) – Suggested “... reassessment the normotensive definition in essential hypertension” (Systolic and diastolic BP only is not enough to define ‘normotensive’, evaluation of supra-systolic waveform morphology for vascular phenotype and hemodynamic profiles are essential in advanced diagnosis of hypertension.)

**Figure 2. Normal Blood Pressures but Different Vascular Phenotypes**



Non-Invasive suprasystolic aortic waveform analysis (PulseMetric, DP 200 C) obtained in 2 young healthy females 26 years old. Large arrows identify maximum LV dP/dT, pressure-time ejection; small ones, peak pressure of reflected waves.

Top: Normal LV dP/dT and travel time of the reflected wave (248 ms, dash arrow) filling the coronary arteries in diastole. Bottom: restricted LV dP/dT and ejection period by the rapid transit time (122 ms) of reflected wave occurring at peak LV dP/dT that lessened diastolic pressures required for optimal coronary flows (curve arrow)

These observations and the fact that half (46%) of normotensive offspring of hypertensives have PW abnormalities, defective RBC K<sup>+</sup>-uptake, and developed hypertension after the age of 30 year, strongly support the reassessment of Control Groups or the normotensive status definition in essential hypertension